

October 2018 Breakfast Menu

Monday, October 1

Cold cereal, toast with jelly, fruit, juice and milk

Tuesday, October 2

Plain or blueberry bagels with cream cheese, fruit, juice and milk

Wednesday, October 3

Vanilla or blueberry yogurt cups, strawberries, granola or cereal, juice and milk

Thursday, October 4

French toast sticks with syrup, cheese stick, fruit, juice and milk

Friday, October 5

Breakfast pizza, strawberry yogurt, fruit, juice and milk

Monday, October 8

Cold cereal, toast with jelly, fruit, juice and milk

Tuesday, October 9

Lemon poppy seed or blueberry muffin, cheese stick, juice, fruit and milk

Wednesday, October 10

Cherry or apple strudel, hard boil egg, toast with jelly, juice and milk

Thursday, October 11

Pancake on stick with syrup, cheese stick, fruit, juice and milk

Friday, October 12

Breakfast pizza, strawberry yogurt, fruit, juice and milk

Monday, October 15

Cold cereal, toast with jelly, fruit, juice and milk

Tuesday, October 16

Plain or blueberry bagels with cream cheese, fruit, juice and milk

Wednesday, October 17

Vanilla or blueberry yogurt cups, strawberries, granola or cereal, juice and milk

Thursday, October 18

French toast sticks with syrup, cheese stick, fruit, juice and milk

Friday, October 19

Breakfast pizza, strawberry yogurt, fruit, juice and milk

Monday, October 22

Cold cereal, toast with jelly, fruit, juice and milk

Tuesday, October 23

Lemon poppy seed or blueberry muffin, cheese stick, juice, fruit and milk

Wednesday, October 24

Cherry or apple strudel, hard boil egg, toast with jelly, juice and milk

Thursday, October 25

Pancake on stick with syrup, cheese stick, fruit, juice and milk

Friday, October 26

Breakfast pizza, strawberry yogurt, fruit, juice and milk

Monday, October 29

Cold cereal, toast with jelly, fruit, juice and milk

Tuesday, October 30

Plain or blueberry bagels with cream cheese, fruit, juice and milk

Wednesday, October 31

Vanilla or blueberry yogurt cups, strawberries, granola or cereal, juice and milk