



# OCTOBER

# 2018

## BREAKFAST MENU

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2	3	4	5	6
	Cold Cereal, Toast w/Jelly, Fruit, Juice & Milk	Plain or Blueberry Bagels w/Cream Cheese, Fruit, Juice & Milk	Vanilla or Blueberry Yogurt Cups. Strawberries, Granola or Cereal, Juice & Milk	French Toast Stix w/Syrup, Cheese Stick, Fruit, Juice & Milk	Breakfast Pizza, Strawberry Yogurt, Fruit, Juice & Milk	
7	8	9	10	11	12	13
	Cold Cereal, Toast w/Jelly, Fruit, Juice & Milk	Lemon Poppy Seed or Blueberry Muffin, Cheese Stick, Juice, Fruit & Milk	Cherry or Apple Strudel, Hard Boil Egg Toast w/Jelly, Fruit, Juice & Milk	Pancake on Stick w/Syrup, Fruit, Juice & Milk	Breakfast Pizza, Strawberry Yogurt, Fruit, Juice & Milk	
14	15	16	17	18	19	20
	Cold Cereal, Toast w/Jelly, Fruit, Juice & Milk	Plain or Blueberry Bagels w/Cream Cheese, Fruit, Juice & Milk	Vanilla or Blueberry Yogurt Cups. Strawberries, Granola or Cereal, Juice & Milk	French Toast Stix w/Syrup, Cheese Stick, Fruit, Juice & Milk	Breakfast Pizza, Strawberry Yogurt, Fruit, Juice & Milk	
21	22	23	24	25	26	27
	Cold Cereal, Toast w/Jelly, Fruit, Juice & Milk	Lemon Poppy Seed or Blueberry Muffin, Cheese Stick, Juice, Fruit & Milk	Cherry or Apple Strudel, Hard Boil Egg Toast w/Jelly, Fruit, Juice & Milk	Pancake on Stick w/Syrup, Fruit, Juice & Milk	Breakfast Pizza, Strawberry Yogurt, Fruit, Juice & Milk	
28	29	30	31			
	Cold Cereal, Toast w/Jelly, Fruit, Juice & Milk	Plain or Blueberry Bagels w/Cream Cheese, Fruit, Juice & Milk	Vanilla or Blueberry Yogurt Cups. Strawberries, Granola or Cereal, Juice & Milk			