



FEBRUARY | 2023

JEFFERS HIGH SCHOOL LUNCH MENU

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

30	31	1 Popcorn Chicken Mashed Potatoes & Gravy, Corn Roll Fruit & Milk	2 Hot Ham & Cheese Baked Beans Coleslaw Chips Fruit & Milk	3 Fr. Bread Pizza Veggies Pudding Fruit & Milk
6 Taco's w/Trims Mexican Rice Corn Fruit & Milk	7 Chef Salad Marinara Sauce Cheesy Breadsticks Fruit & Milk	8 Pizza Casserole Green Beans Garlic Bread Fruit & Milk	9 Chicken Pattie w/Bun Baked Beans Fries Fruit & Milk	10 Sandwiches Veggies Nachos & Cheese Fruit & Milk
13 Chicken Wraps Veggies Tator Tots Graham Bites Fruit & Milk	14 Homemade Pizza Tossed Salad Jello Fruit & Milk	15 Sub Sandwich Baked Beans Veggies Chips Fruit & Milk	16 Quesadillas Mexican Rice Corn Fruit & Milk	17 No Lunch ½ day Teacher Inservice
20 Hamburger w/Bun Cheese Baked Beans Fries Fruit & Milk	21 Nacho Supreme Refried Beans Bread Fruit & Milk	22 Spaghetti w/Meat Sauce Coleslaw Garlic Bread Fruit & Milk	23 Chicken Ala King Peas Biscuits Fruit & Milk	24 Calzones Veggies Seasoned Potatoes Fruit & Milk
27 Sloppy Joes w/Bun Corn Chips Fruit & Milk	28 Chicken Drumsticks Mashed Potatoes Gravy, Roll Green Beans Fruit & Milk	1	2	3

News

February 17th- ½ day
Teacher Inservice