



OCTOBER

2023

BREAKFAST MENU

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	4	5	6	7
	Cold Cereal, Toast w/Jelly, Fruit, Juice & Milk	Bagels, Cream Cheese, Hardboiled Egg, Fruit, Juice & Milk	Banana Bread, Yogurt, Fruit, Juice & Milk	Muffins, Fruit Cups, Juice & Milk	Donuts, Go-Gurt, Fruit, Juice & Milk	
8	9	10	11	12	13	14
	Cold Cereal, Toast w/Jelly, Fruit, Juice & Milk	Smoothie, Granola Bars, Fruit, Juice & Milk	Breakfast Boats: Scrambled Eggs, Hash Browns, Sausage, Toast, Fruit, Juice & Milk	Pancakes, Sausage Bites, Fruit, Juice & Milk	No School	
15	16	17	18	19	20	21
	Cold Cereal, Toast w/Jelly, Fruit, Juice & Milk	Strudel Bites, Cheese Sticks, Fruit, Juice & Milk	Egg McMuffin, Fruit, Juice & Milk	Baked Oatmeal, Whipped Cream, Berry Sauce, Fruit, Juice & Milk	French Toast Stix, w/Syrup, Fruit, Juice & Milk	
22	23	24	25	26	27	28
	Cold Cereal, Toast w/Jelly, Fruit, Juice & Milk	Cinnamon Roll, Hardboiled Egg, Fruit, Juice & Milk	Egg Bake, Toast, Fruit, Juice & Milk	Berry Smoothie, Graham Crackers, Fruit, Juice & Milk	Muffins in the Morning!	
29	30	31				
	Cold Cereal, Toast w/Jelly, Fruit, Juice & Milk	Breakfast Pizza, Go-gurt, Juice & Milk				

Due to distributors, menu items are subject to change