## October 2022 Lunch Menu

Monday, October 2 Chicken Strips, Baked Beans, Graham Bites, Fries, Fruit & Milk

Tuesday, October 3 Calzones, Veggies, Apple Bar, Fruit & Milk

Wednesday, October 4 Big-Mac Casserole, Coleslaw, Roll, Fruit & Milk

Thursday, October 5 Orange Chicken over Rice, Broccoli, Roll, Fruit & Milk

Friday, October 6 Homemade Pizza, Tossed Salad, Fruit & Milk

Monday, October 9 Chili w/Beans, Grilled Cheese, Corn, Fruit & Milk

Tuesday, October 10 Chef salad, cheesy breadsticks, marinara sauce, fruit, and milk

Wednesday, October 11 Pizza Casserole, Green Beans, Garlic Stix, Fruit & Milk Thursday, October 12 Nacho Supreme, Refried Beans, Bread, Fruit & Milk

Friday, October 13 No School

Monday, October 16 Hamburgers w/Cheese, Baked Beans, Tator Tots, Fruit & Milk

Tuesday, October 17 Chicken Noodle Soup, Sandwiches, Veggies, Fruit & Milk

Wednesday, October 18 Tex-Mex Shepherd's Pie Roll, Carrots, Fruit & Milk

Thursday, October 19 Pancakes, Sausage, Hashbrowns, Fruit & Milk

Friday, October 20 French Bread Pizza, Veggies, Pudding, Fruit &; Milk

Monday, October 23 Chicken Wraps, Veggies, Fries, Fruit & Milk

Tuesday, October 24 Philly Beef Sandwich, Veggies, Chips

## Fruit & Milk

Wednesday, October 25 Pasty, Coleslaw, Roll, Jello, Fruit & Milk

Thursday, October 26 Tacos with trims, Mexican rice, corn, fruit, and milk

Friday, October 27 Hot Dogs, Baked Beans, Chips, Fruit & Milk

Monday, October 30 Quesadilla, Chips & Description (Cheese, Chocolate Cake, Veggies, Fruit & Milk

Tuesday, October 31 Homemade Pizza, Tossed Salad, Fruit & Milk