

Jeffers High School

October 2024 Breakfast Menu

Monday	Tuesday	Wednesday	Thursday	Friday
	<p>1</p> <p>Poptarts Yogurt Fruit, Juice & Milk</p>	<p>2</p> <p>Donuts Smoothies Fruit, Juice & Milk</p>	<p>3</p> <p>Apple Cinnamon Bread Cheese Stick Fruit, Juice & Milk</p>	<p>4</p> <p>Muffins Go-gurt Fruit, Juice & Milk</p>
<p>7</p> <p>Waffles Strawberries Go-gurt Fruit, Juice & Milk</p>	<p>8</p> <p>Cinnamon Roll Cheese Stick Fruit, Juice & Milk</p>	<p>9</p> <p>Bagels w/cream cheese Yogurt Fruit, Juice & Milk</p>	<p>10</p> <p>Egg Bake Toast Go-gurt Fruit, Juice & Milk</p>	<p>11</p> <p>NO SCHOOL</p>
<p>14</p> <p>Blueberry Oatmeal Bake Cheese Stick Fruit Juice & Milk</p>	<p>15</p> <p>Muffins Yogurt Fruit Juice & Milk</p>	<p>16</p> <p>Bacon, Egg & Cheese Biscuit Go-gurt Fruit, Juice & Milk</p>	<p>17</p> <p>Cinnamon Swirl toast Cheese Stick Fruit Juice & Milk</p>	<p>18</p> <p>Breakfast Pizza Go-gurt Fruit Juice & Milk</p>
<p>21</p> <p>Biscuits & Gravy Cheese Stick, Go-gurt Fruit Juice & Milk</p>	<p>22</p> <p>Strudel Bites Yogurt Fruit Juice & Milk</p>	<p>23</p> <p>Jeffers Hash, Toast Go-gurt Fruit Juice & Milk</p>	<p>24</p> <p>Banana Bread Cheese Sticks Fruit Juice & Milk</p>	<p>25</p> <p>Pannukaku Smoothies Fruit Juice & Milk</p>
<p>28</p> <p>Scrambled Eggs, Bacon Hash browns Go-gurt Fruit, Juice & Milk</p>	<p>29</p> <p>Raspberry or Apple French toast Cheese Stick Fruit, Juice & Milk</p>	<p>30</p> <p>Donuts Yogurt Fruit, Juice & Milk</p>	<p>31</p> <p>Muffins Go-gurt Fruit, Juice & Milk</p>	

