



# JANUARY | 2025

## Jeffers High School Breakfast Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	<b><u>News</u></b>
30	31	1	2	3	
6 Waffles Strawberries Cheese Stick Fruit Milk & Juice	7 Blueberry Oatmeal Bake Yogurt Fruit Milk & Juice	8 Cinnamon French Toast Sausage Go-Gurt Fruit Milk & Juice	9 Donuts Cheese Stick Fruit Milk & Juice	10 Muffins Yogurt Fruit Milk & juice	
13 Strudel Bites Go-gurt Fruit Milk & Juice	14 Bacon Egg Cheese Biscuit Cheese Stick Fruit Milk & Juice	15 Cinnamon Rolls Yogurt Fruit Milk & Juice	16 Bagels Go-gurt Fruit Milk & Juice	17 Breakfast Pizza Cheese Stick Fruit Milk & Juice	
21 Apple/Raspberry French Toast Yogurt Fruit Milk & Juice	20 Biscuits & Gravy Scram Eggs Go-gurt Fruit Milk & Juice	22 Jeffers Hash Toast Cheese Stick Fruit Milk & Juice	23 Br. Bowl-potatoes Sausage,cheese Gravy,scram eggs Yogurt Fruit ,Milk & Juice	24 No School	
27 Egg Bake Toast Go-gurt Fruit Milk & Juice	28 Banana Bread Cheese Stick Fruit Milk & Juice	29 Pannukakku Smoothies Yogurt Fruit Milk & Juice	30 Muffins Go-gurt Fruit Milk & Juice	31 Blueberry Bread Cheese Stick Fruit Milk & Juice	