



# FEBRUARY | 2025

## JEFFERS HIGH SCHOOL LUNCH MENU

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

|   |  |  |  |  |
|---|--|--|--|--|
| <p>3</p> <p>Pancakes<br/>Sausage<br/>Hashbrowns<br/>Fruit &amp; Milk</p>                      | <p>4</p> <p>Chef Salad<br/>Cheesy Breadsticks<br/>Marinara Sauce<br/>Fruit &amp; Milk</p>                | <p>5</p> <p>Homemade<br/>Mac &amp; Cheese<br/>Calif. Blend Veggies<br/>Roll<br/>Fruit &amp; Milk</p> | <p>6</p> <p>Nacho Supreme<br/>Bread<br/>Refried Beans<br/>Fruit &amp; Milk</p>                     | <p>7</p> <p>Chicken Stir Fry<br/>Veggies<br/>Roll<br/>Fruit &amp; Milk</p>   |
| <p>10</p> <p>Chicken Pattie w/Bun<br/>Baked Beans<br/>Fries<br/>Fruit &amp; Milk</p>          | <p>11</p> <p>Tex-Mex Chicken<br/>Burrito<br/>Mexican Rice<br/>Veggies<br/>Fruit &amp; Milk</p>           | <p>12</p> <p>Chicken Alfredo<br/>Calif. Blend Veggies<br/>Roll<br/>Fruit &amp; Milk</p>              | <p>13</p> <p>Homemade Pizza<br/>Tossed Salad<br/>Jello<br/>Fruit &amp; Milk</p>                    | <p>14</p> <p>No School<br/>Teacher Inservice</p>  |
| <p>17</p> <p>Chili w/beans<br/>Grilled Cheese-<br/>Sandwich<br/>Corn<br/>Fruit &amp; Milk</p> | <p>18</p> <p>Chef Salad<br/>Cheesy Breadsticks<br/>Marinara Sauce<br/>Fruit &amp; Milk</p>               | <p>19</p> <p>Spaghetti<br/>w/Meat Sauce<br/>Green Beans<br/>Garlic Stix<br/>Fruit &amp; Milk</p>     | <p>20</p> <p>Taco's w/Trims<br/>Mexican Rice<br/>Corn<br/>Fruit &amp; Milk</p>                     | <p>21</p> <p>Homemade<br/>Chicken Noodle Soup<br/>Pretzel Stix<br/>Cheese Sauce<br/>Carrots<br/>Fruit &amp; Milk</p>                 |
| <p>24</p> <p>Hamburger w/Bun<br/>Cheese<br/>Baked Beans<br/>Fries<br/>Fruit &amp; Milk</p>    | <p>25</p> <p>Ham &amp; Cheese<br/>Bagels<br/>Veggie Noodle Salad<br/>Corn Chips<br/>Fruit &amp; Milk</p> | <p>26</p> <p>Chicken ala King<br/>Peas<br/>Biscuits<br/>Fruit &amp; Milk</p>                         | <p>27</p> <p>Beef Tips<br/>Mashed Potatoes<br/>&amp; Gravy<br/>Corn, Roll<br/>Fruit &amp; Milk</p> | <p>28</p> <p>Chicken Quesadilla<br/>Tortilla Chips<br/>Cheese Sauce<br/>Veggies<br/>Fruit &amp; Milk</p>                             |

### News

February 14<sup>th</sup>- No School  
Teacher Inservice