

SEPTEMBER | 2025



Jeffers High School Breakfast Menu

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

1

2

Pop tarts
Fruit
Juice
Milk

3

Donuts
Fruit
Milk

4

Muffins
Fruit
Juice
Milk

5

Breakfast Pizza
Fruit
Milk

8

Cinnamon French
toast
Sausage
Fruit
Juice & Milk

9

Egg Bake
Fruit
Milk

10

Breakfast Sandwich
Fruit
Juice
Milk

11

Cinnamon Rolls
Fruit
Milk

12

Strudel Bites
Fruit
Juice
Milk

15

Blueberry Oatmeal
Bake
Fruit
Juice
Milk

16

Ham & Cheese
Omelets
Fruit
Milk

17

Banana Bread
Fruit
Juice
Milk

18

Donuts
Fruit
Milk

19

Muffins
Fruit
Juice
Milk

22

Blueberry Bread
Fruit
Juice
Milk

23

Donuts
Fruit
Milk

24

Biscuits & Gravy
Fruit
Juice
Milk

25

Waffles w/
strawberries
Fruit
Milk

26

Apple/Raspberry
French toast
Bacon
Fruit
Juice & Milk

29

Bagels w/ cream
cheese
Fruit
Juice
Milk

30

Scram Eggs
Sausage
Hash browns
Fruit
Milk

1

Breakfast Pizza
Fruit
Juice
Milk

2

Cinnamon Rolls
Fruit
Milk

3

Muffins
Fruit
Juice
Milk

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