

SEPTEMBER | 2025

JEFFERS HIGH SCHOOL LUNCH MENU



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

<p>1</p> <p>Labor Day</p>	<p>2</p> <p>Chicken Nuggets Baked Beans Roll Fries Fruit & Milk</p>	<p>3</p> <p>Fr. Bread Pizza Marinara Veggies Fruit & Milk</p>	<p>4</p> <p>Ham & Cheese Bagel Veggies Corn Chips Fruit & Milk</p>	<p>5</p> <p>Chicken Quesadilla Corn T. Chips & Cheese Fruit & Milk</p>
<p>8</p> <p>Philly Beef Subs Veggies Seasoned Potatoes Fruit & Milk</p>	<p>9</p> <p>Chef Salad Cheesy Breadstick Marinara Fruit & Milk</p>	<p>10</p> <p>Chicken ala King Peas Biscuits Fruit & Milk</p>	<p>11</p> <p>Nacho Supreme Bread Refried Beans Fruit & Milk</p>	<p>12</p> <p>Hamburger w/Bun Baked Beans Tator Tots Fruit & Milk</p>
<p>15</p> <p>Sub Sandwich Veggies Chips Fruit & Milk</p>	<p>16</p> <p>Tex-Mex Chicken Burrito Veggies Mexican Rice Fruit & Milk</p>	<p>17</p> <p>Spaghetti w/Meat Sauce Green Beans Garlic Bread Fruit & Milk</p>	<p>18</p> <p>Chicken Strips Fries Carrots Roll Fruit & Milk</p>	<p>19</p> <p>Fr. Bread Pizza Marinara Veggies Pudding Fruit & Milk</p>
<p>22</p> <p>Hot Dog w/Bun Baked Beans Carrots Corn Chips Fruit & Milk</p>	<p>23</p> <p>Chicken Patty w/Bun Veggies Fries Fruit & Milk</p>	<p>24</p> <p>Chef Salad Cheesy Breadstick Marinara Fruit & Milk</p>	<p>25</p> <p>Taco's w/Trims Mexican Rice Corn Fruit & Milk</p>	<p>26</p> <p>½ day No Lunch</p>
<p>29</p> <p>Tomato Soup Grilled Cheese Sandwich Carrots Fruit & Milk</p>	<p>30</p> <p>Popcorn Chicken Mashed Potatoes Green Beans Roll Fruit & Milk</p>	<p>1</p>	<p>2</p>	<p>3</p>

News

September 26th-
½ day
Teacher Inservice