

NOVEMBER | 2025



Jeffers High School Breakfast Menu

MONDAY

3
Pannukakku
Smoothies
Fruit
Juice & Milk

10
Waffles
w/Strawberries
Fruit
Juice & Milk

17
Breakfast Pizza
Fruit
Juice & Mil

24
Strudel Bites
Fruit
Juice & Milk

TUESDAY

4
Ham & Cheese
Omelet
Toast
Fruit
Milk

11
Cinnamon Rolls
Fruit
Milk

18
Bagels
Cream cheese
Fruit
Milk

25
Pop tarts
Fruit
Juice & Milk

WEDNESDAY

5
Muffins
Fruit
Juice & Milk

12
Egg Bake
Fruit
Juice & Milk

19
Muffins
Fruit
Juice & Milk

26
No School

THURSDAY

6
Cereal
Fruit
Milk

13
Jeffers Hash
Fruit
Milk

20
Donuts
Fruit
Milk

27
No School

FRIDAY

7
Donuts
Fruit
Juice & Milk

14
Apple/Raspberry
French toast
Bacon
Fruit
Juice & Milk

21
Cinnamon French
toast
Sausage
Fruit
Juice & Milk

28
No School

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