

SEPTEMBER 2026

Jeffers High School Breakfast Menu

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

News

1

2

3

4

7

8

Pop-tarts
Fruit
Milk

9

Cereal
Fruit
Juice
Milk

10

Donuts
Fruit
Milk

11

Cinnamon Rolls
Fruit
Juice
Milk

14

Biscuits & gravy
w/ scrambled eggs
Fruit
Juice
Milk

15

Waffles
w/ strawberries
Fruit
Milk

16

Muffins
Fruit
Juice
Milk

17

Banana bread
Fruit
Milk

18

Breakfast burrito
Fruit
Juice
Milk

21

Breakfast sandwich
Fruit
Juice
Milk

22

Strudel bites
Fruit
Milk

23

Omelets
Fruit
Juice
Milk

24

Breakfast pizza
Fruit
Milk

25

Cinnamon
French Toast
Sausage
Fruit
Juice & Milk

28

Bagels w/cream cheese
Fruit
Juice
Milk

29

Tater tot egg bake
Fruit
Milk

30

Muffins
Fruit
Juice
Milk