

# SEPTEMBER 2026

## Jeffers High School Lunch Menu

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

**News**

1

2

3

4

7

8

Chicken Strips  
Fries  
Roll  
Baked beans  
Fruit & Milk

9

French bread pizza  
Marinara sauce  
Pudding  
Fruit & Milk

10

Ham & cheese bagels  
Chips  
Veggies  
Fruit & Milk

11

Chicken quesadillas  
Tortilla chips  
Corn  
Fruit & Milk

14

Philly beef sandwich  
Onion rings  
Veggies  
Fruit & Milk

15

Chef salad  
Cheesy breadsticks  
Marinara sauce  
Fruit & Milk

16

Big Mac casserole  
Roll  
Veggies  
Fruit & Milk

17

BLT's  
Chips  
Broccoli salad  
Fruit & Milk

18

Baked potato  
Roll  
Veggies  
Fruit & Milk

21

Chicken patties  
Baked beans  
Fries  
Fruit & Milk

22

Spaghetti  
W/meat sauce  
Garlic stick  
Green beans  
Fruit & Milk

23

Chicken & rice bowls  
Tortilla chips  
Veggies  
Fruit & Milk

24

Sub sandwich  
Chips  
Veggies  
Fruit & Milk

25

½ DAY  
NO LUNCH

28

Grilled Cheese  
Tomato soup  
Carrots  
Fruit & Milk

29

Nacho supreme  
Roll  
Refried beans  
Fruit & Milk

30

Pulled pork  
Mac & cheese  
Coleslaw  
Fruit & Milk